



Friðheimar

Friðheimar is a learning resource for children who is starting school in Iceland.

In Friðheimar there are teachers, employees, project manager and department manager who organises the studies and meetings with students and parents. Before students start their studies in Friðheimar, they are invited to a welcome interview together with their parents.

After the reception interview, the student is presented mathematics and reading test. This assessment explores previous school learnings and student status. The assessment is given in the students' mother tongue. After the placement assessment test, the student receives information about the start of school.

School nurse

The school nurse is Kathy and she is available on Mondays, Wednesdays and Fridays from 9:00-14:00.

Nurse's office is located in the school.

The studies

Emphasis will be placed on Icelandic, mathematics, life skills, social skills, information technology, arts and crafts as well as physical education.

Each student receives an adapted timetable. He belongs to a class at Háaleitisskóli and goes with the class to sports, swimming and selected art and craft subjects.

Mobile phones

Mobile phones are not allowed during school hours. If students bring a phone to school, they must turn it off and store it in a phone drawer that belongs to the groups.



Snack and lunch

All students receive hot meals for lunch. Parents must inform the project manager/department manager if the student has special needs, allergies or may not eat certain food due to religious reasons.

The menu is at the school webpage:

<https://www.skolamatur.is/matsedill?school=105>

If a student does not want the lunch that is available at the school, then the student must bring lunch from home. Sweets and sugary drinks are not allowed at the school.

